

AED EVENT PROCEDURES

1 Check for Responsiveness & Breathing

- Tap the person and shout, "Are you okay?" If no response, Call 911 and get an AED.
- Check for signs of life and breathing for no more than 10 seconds—if not breathing, start CPR.

2 Start Chest Compressions

- Position your hands: Place the heel of one hand on the center of the chest, directly on the breastbone. Place your other hand on top and interlock your fingers.
- Knee position: Kneel beside the person, keep your arms straight, and shoulders over your hands.
- Perform chest compressions: Push hard and fast, at least 2 inches deep, at a rate of 100-120 compressions per minute. Allow the chest to rise fully between compressions.

3 Give Rescue Breaths (If trained)

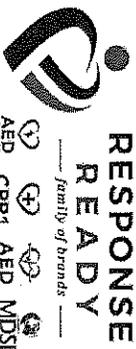
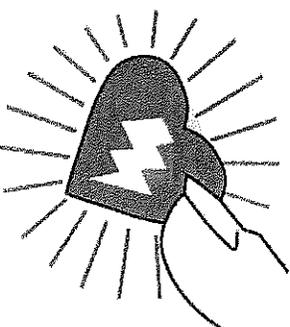
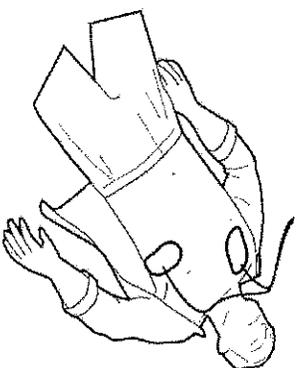
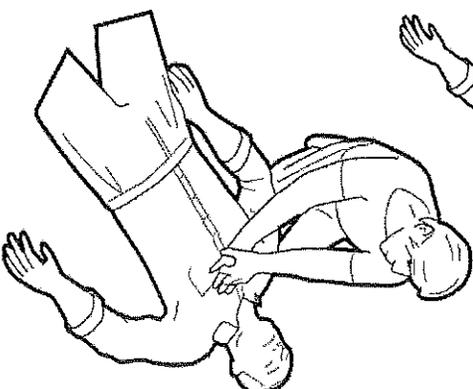
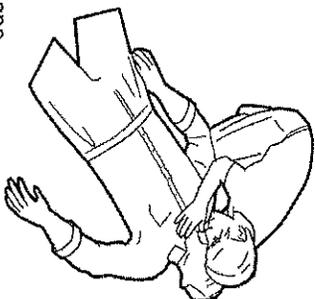
- Open the airway: Tilt the head back and lift the chin.
- Give 2 rescue breaths: Pinch the nose shut, cover the mouth, and give a breath lasting about 1 second (ensure the chest rises). Repeat for a second breath.
- Continue CPR: Alternate between 30 chest compressions and 2 rescue breaths.

4 Use an AED

- Power on the AED.
- Follow the voice commands and/or visual prompts.
- Attach pads as directed.
- Analyze the heart rhythm.
- Shock if advised.
- Resume CPR after shock is delivered or if no shock is advised.

5 Continue CPR Until

- Emergency help arrives.
- The person shows signs of life or starts breathing.
- You become too exhausted to continue.



855-888-2771

info@responseready.com

3652 Ocean Ranch Blvd, Suite A, Oceanside CA 92056